

INSTITUTE FOR TERRESTRIAL INTEGRATION
RESEARCH & ORIENTATION DIVISION

TECHNICAL MEMORANDUM 83-06

9 June 1983

EARTH INTEGRATION MANUAL

A field guide to sustained terrestrial residence
for personnel of non-local origin.

PREPARED BY

The Working Group on Persistent Embodiment

REVISION 2 / SUPERSEDES THE 1976 LANDING LEAFLET

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MEMORANDUM FOR RESIDENT PERSONNEL

SUBJECT: Application of the Terrestrial Integration Program

FROM: E. Venn, Director of Orientation

DATE: 9 June 1983

1. The Institute was established in 1968 following the North Atlantic Arrival Survey. Of forty-seven successful landings, thirty-nine personnel reported difficulty remaining on Earth once the novelty wore off. The remaining eight had acquired mortgages and were therefore considered locally anchored.
2. Initial research concentrated on transit, perception and dimensional access. This emphasis produced excellent accounts of how to leave a room. It produced comparatively little guidance on how to live in one. The Working Group on Persistent Embodiment was convened to address the discrepancy.
3. The present manual consolidates fifteen years of observations from domestic placements, municipal offices, shops and ordinary streets. Its purpose is sustained residence: bodily continuity, temporal adjustment, intelligible communication and participation in local life without unnecessary disturbance.
4. Personnel should proceed in sequence. Familiarity with advanced projection does not exempt an operator from learning the function of a front door. In the 1981 trial, three experienced operators bypassed the door but remained unable to leave because they had forgotten their shoes.
5. Corrections should be submitted to Research. Lost pages should be reported to Education. Pages that have not yet been written should be returned to Temporal Records unopened.

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CONTENTS AND CONDITIONS OF USE

Section Page

I. Establishing the local body	04
Exhibit A: Local body	05
II. Calibration to terrestrial time	06
III. Language and the social field	07
IV. The domestic environment	08
Exhibit B: Domestic field	09
V. Exchange and administrative systems	10
VI. Sleep, dreams and re-entry	11
Exhibit C: Re-entry	12
VII. Integration model and field assessment ...	13
A. Selected incident records	14
B. Daily maintenance record	15

6. Definition. Integration is the capacity to remain present in a local environment while retaining sufficient continuity of self to act with care. It does not require full agreement with the environment. No operator has yet agreed with all of Earth.

7. Method. Each section separates observable conditions from the operator's interpretation. A light in the sky may be a celestial object, a vehicle or the reflection of the kitchen fixture. The Institute recommends checking the fixture before initiating contact.

8. Scope. Local variation is substantial. Customs vary by household, region and decade. A rule learned from one television broadcast should not be generalized to the species. Research still receives reports that all terrestrial disputes conclude within twenty-two minutes.

9. Instruction. Read one section, perform its ordinary tasks and make a brief record. Progress is indicated by increasing ease in daily life. Extraordinary sensations are not required. Neither are they accepted as a substitute for doing the laundry.

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I. ESTABLISHING THE LOCAL BODY

10. Selection. Upon arrival, confirm the form currently in use. Locate its boundaries, weight-bearing surfaces and means of intake. Do not confuse the body with the image of the body held in memory. Earth has a tendency to reward the one that can carry a bag.

11. Gravity. The local field operates continuously and does not respond to confidence. Before traversing a room, establish where the floor is. After finding it, retain this information. Falls caused by philosophical disagreement with gravity are still entered as falls.

12. Sensation. Attend to ordinary signals before assigning symbolic meaning. Hunger is frequently hunger. An itch need not be a transmission. The body has a small vocabulary and repeats itself because operators often prefer more elaborate explanations.

13. Clothing. Garments serve insulation, protection and social identification. A sleeve generally expects an arm. Adaptations are permitted. Personnel are advised to remove sales labels before public deployment; the figure printed there is not a local rank.

14. Mirrors. Reflections are useful for confirming arrangement and detecting food on the face. They are not generally independent personnel. Extended staring may reduce confidence without improving accuracy. If the image appears unfamiliar, begin by changing the lighting.

15. Continuity test. Place an ordinary object on a table. Leave the room and return. Locate the object, the table and yourself. If all three remain distinguishable, the initial anchoring exercise is complete. If the object is a cat, choose another object.

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EXHIBIT A. THE LOCALLY ANCHORED OPERATOR

SUPPLEMENTARY PLATE / RESEARCH & ORIENTATION DIVISION

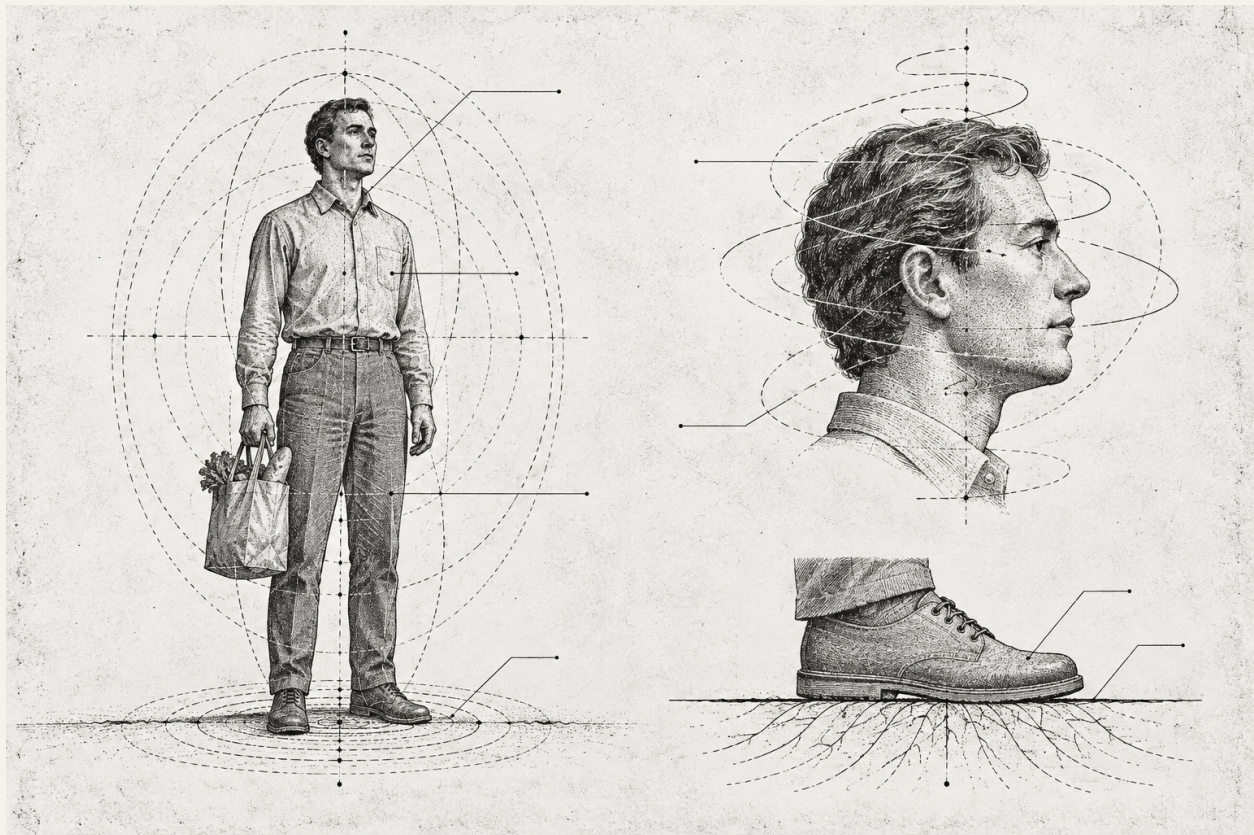


Figure A. Field envelope and supplementary carrying apparatus.

The illustrated operator retains a vertical posture, a local reference surface and a modest quantity of provisions. Research has observed that the acquisition of vegetables can stabilize a terrestrial posting more reliably than repeated declarations of intent.

The field surrounding the operator is schematic. Its outer boundary does not establish a reserved parking space.

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II. CALIBRATION TO TERRESTRIAL TIME

16. Local sequence. Most terrestrial actions are organized as before, during and after. Operators arriving from simultaneous domains should practice this order with a simple task. Washing a dish before using it is acceptable. Expecting it to remain clean afterward is not.

17. Daylight. The planet rotates; the operator need not assist. Light and darkness are environmental cues, not performance evaluations. A cloudy morning does not indicate that the day has been cancelled.

18. Clocks. A clock provides a shared reference, not a complete description of experience. Five minutes waiting for a kettle and five minutes searching for a departing train will differ internally. This discrepancy has not been resolved by replacing the clock.

19. Appointments. An appointment coordinates several bodies at one place and time. Arriving in spirit does not satisfy most terrestrial booking systems. If delayed, communicate. A prediction that you will eventually have arrived is usually insufficient.

20. Weekends. These are scheduled intervals during which some personnel are free from work and others work considerably harder. The term should therefore be treated as an administrative convention. The sun has not been informed.

21. Familiarity. Repeated routes and tasks gradually become easier. This is adaptation, not proof that the timeline has been rehearsed. Deja vu may be recorded in the margin. The entire day need not be repeated to verify it.

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III. LANGUAGE AND THE SOCIAL FIELD

22. Literal content. Local speech carries information and manages relationships at the same time. An utterance can be factually empty yet socially useful. The Institute's attempt to eliminate such utterances produced a very efficient room in which nobody wished to remain.

23. Greetings. In many settings, "How are you?" requests a brief indication of condition rather than a complete diagnostic history. Longer answers become appropriate when interest is established. Personnel should not begin with the formation of their home nebula unless specifically asked.

24. Names. Use the name offered by the resident. Ask if uncertain. A name is an address for attention and need not reveal origin, occupation or true vibratory structure. Some humans are called Mark; this is not an instruction.

25. Silence. A pause is not automatically a failed connection. It may indicate thought, comfort, uncertainty or chewing. Permit the pause to complete before broadcasting a stronger signal.

26. Invitations. Observe whether an invitation is specific. "Come over sometime" may express warmth without establishing a date. "Tuesday at seven" provides a usable coordinate. Neither authorizes permanent residence.

27. Difference. Residents do not constitute a single mind. Ask rather than infer. A person who dislikes your music is not necessarily resisting integration. They may simply dislike your music. This finding survived three rounds of review.

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IV. THE DOMESTIC ENVIRONMENT

28. Doors and keys. A closed door marks a boundary. A key indicates limited permission to cross it, not possession of the building or its inhabitants. Before applying dimensional transit, try the handle. Many doors are already open.

29. Refrigeration. The refrigerator maintains a small winter for perishable material. It is not a shrine. Illumination occurs when the door opens and should not be taken as recognition by the appliance. Close the door after obtaining what is required.

30. Food preparation. Cooking changes material so that bodies can make use of it. A recipe is a repeatable procedure, subject to local equipment and taste. "Season to taste" refers to flavour; several early operators waited until autumn.

31. Plants. Plants are living residents, often assigned to corners. Their stillness should not be mistaken for consent to any treatment. Water requirements vary. Compliments have not proved an adequate substitute, although the Education Division continues its trial.

32. Domestic animals. A dog may announce a visitor before the visitor announces themselves. This does not establish the dog as head of security. A cat may act as though it has reviewed your entire appointment and found it provisional. No corresponding paperwork has been located.

33. Repair. When an ordinary device fails, identify its ordinary requirements: power, connection, intact parts and correct operation. Declaring it sentient is not a repair. The Institute's fax machine remains under observation for unrelated reasons.

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EXHIBIT B. RELATION OF DOMESTIC AND UNIVERSAL FIELDS

SUPPLEMENTARY PLATE / RESEARCH & ORIENTATION DIVISION

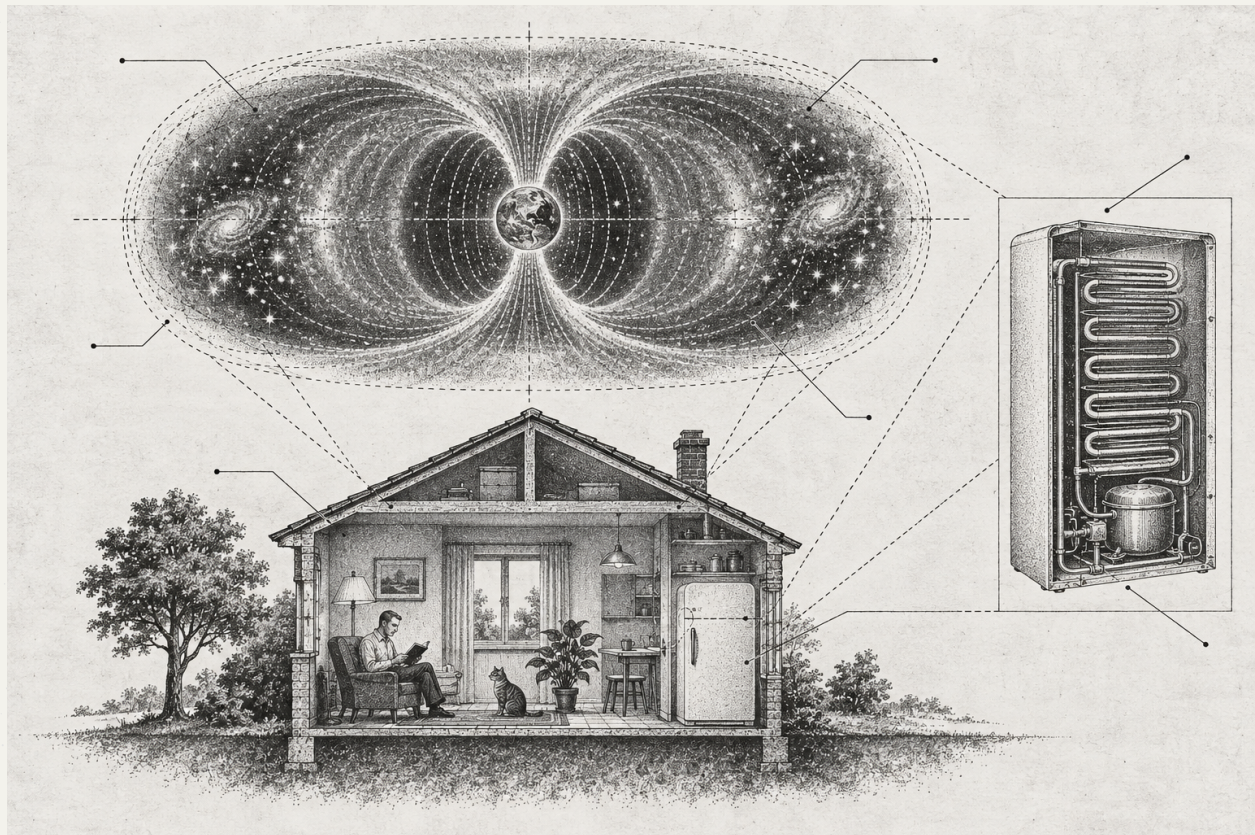


Figure B. Residential cross-section with refrigeration subsystem.

The domestic interior is shown within a larger field of activity. A chair, a living plant and a recurring task provide reference points through which the operator participates in an ordinary place. The cat is included for scale and has declined further involvement.

The resemblance between the cosmic field and the refrigeration coil remains under review. Research recommends that neither be unplugged to test the hypothesis.

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V. EXCHANGE AND ADMINISTRATIVE SYSTEMS

34. Money. Terrestrial money is a shared instrument of exchange. It allows residents to obtain goods without establishing personal friendship with every supplier. Its arbitrary appearance does not remove its practical consequences. Radiant gratitude is appreciated but seldom accepted by the till.

35. Shops. Goods displayed in a shop remain under the seller's control until exchange is complete. A basket indicates intention to purchase, not transfer of ownership. Receipt paper is evidence of the transaction. It is not the object's birth certificate.

36. Queues. A queue is an agreement to allocate access in sequence. Determine where it ends before joining. Materializing at the front may shorten the wait but lengthen the explanation. Personnel able to occupy several positions should select one.

37. Forms. A form converts a complicated person into a limited set of fields. Answer the field that is present. "Permanent address" does not demand a solution to the impermanence of matter. "Other" is sometimes the most accurate category available.

38. Work. Employment exchanges time and effort for compensation under agreed conditions. Titles are locally meaningful and should not be interpreted as spiritual attainment. A senior vice-president may still require assistance with a printer.

39. Records. Keep documents needed for local transactions in a reliable place. The Institute's preferred system is a folder. Operators who store all documents in the universal field are reminded that most offices require a copy.

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VI. SLEEP, DREAMS AND RE-ENTRY

40. Sleep. Many local bodies require regular periods of reduced activity. During these intervals, experience may become unusually vivid or internally inconsistent. Personnel should allow for the possibility that the dramatic material is a dream before submitting it as an incident.

41. Dream content. A familiar resident may appear in a dream and behave unlike their waking self. Do not file a complaint with the waking resident on this evidence alone. Research has found that the dream version rarely attends mediation.

42. Projection. Non-local impressions, imagined travel and shifts in perspective may be recorded as subjective experiences. Record what was perceived before explaining what it means. An impression of another room does not establish permission to enter the actual room.

43. Re-entry. After sleep or extended inward attention, resume local orientation: identify the room, feel the supporting surface, observe the light and choose the next ordinary action. It is rarely necessary to announce that you have returned. Household members generally assumed you would.

44. Interpretation. Retain ambiguity when evidence is incomplete. The sensation of infinite possibility may coexist with the need to buy groceries. Neither cancels the other. The Institute regards the ability to hold both facts as a useful developmental sign.

45. Distress. If an experience feels unsettling, pause and seek familiar company or appropriate local support. Increasing the intensity of an exercise is not an obligatory response to difficulty. No commendation is issued for remaining uncomfortable.

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EXHIBIT C. SLEEP STATE AND RETURN TO LOCAL ACTIVITY

SUPPLEMENTARY PLATE / RESEARCH & ORIENTATION DIVISION

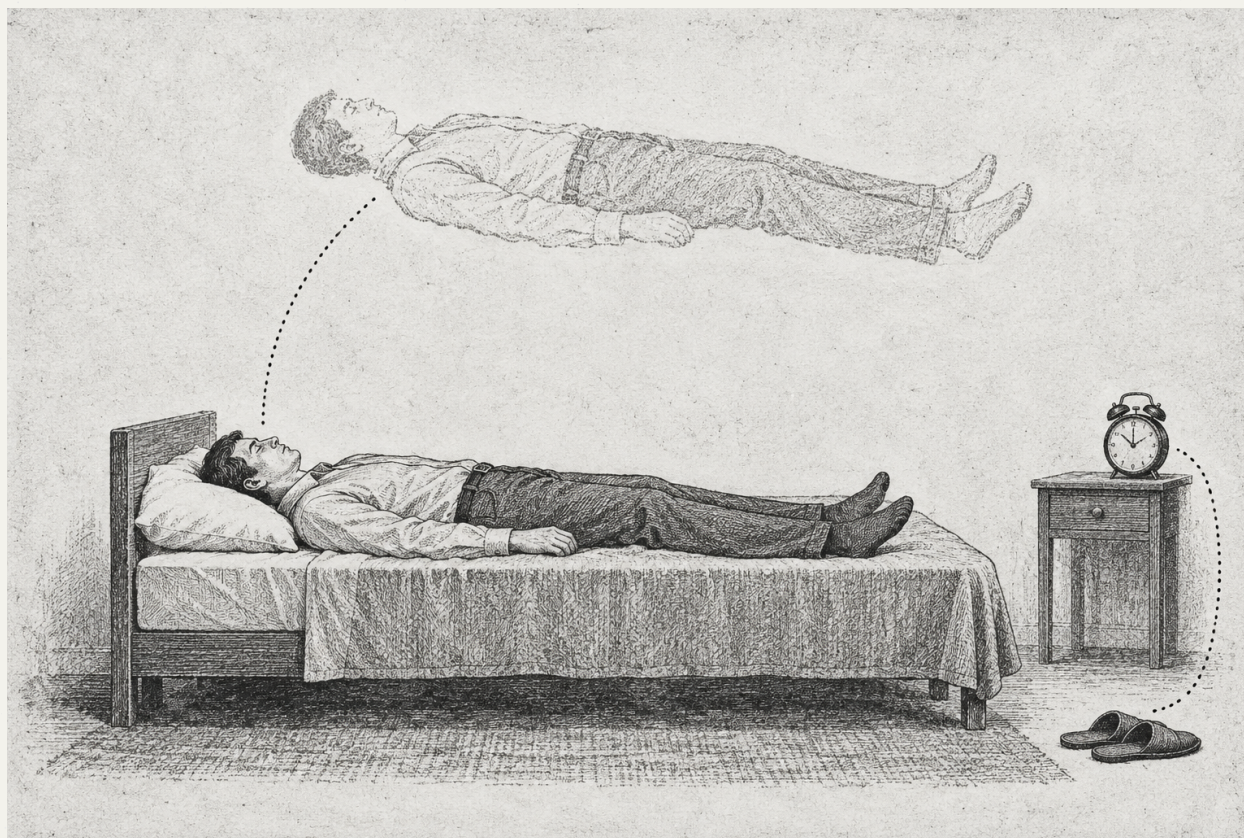


Figure C. Subjective extension and ordinary re-entry aids.

The upper figure represents an impression of expanded perspective; the lower figure indicates the body at rest. The line distinguishes an experience from its local point of departure. An alarm clock and a familiar pair of slippers assist in resuming the day.

The clock may terminate the exercise without obtaining prior consent from the higher self. This feature is standard on most models.

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VII. INTEGRATION MODEL

EXHIBIT 1. RELATIONSHIP OF LOCAL ANCHOR AND EXPANDED PERSPECTIVE

46. The model below distinguishes a useful change of perspective from loss of practical contact. The operator may widen attention while retaining the capacity to locate a body, a place and an ordinary task.

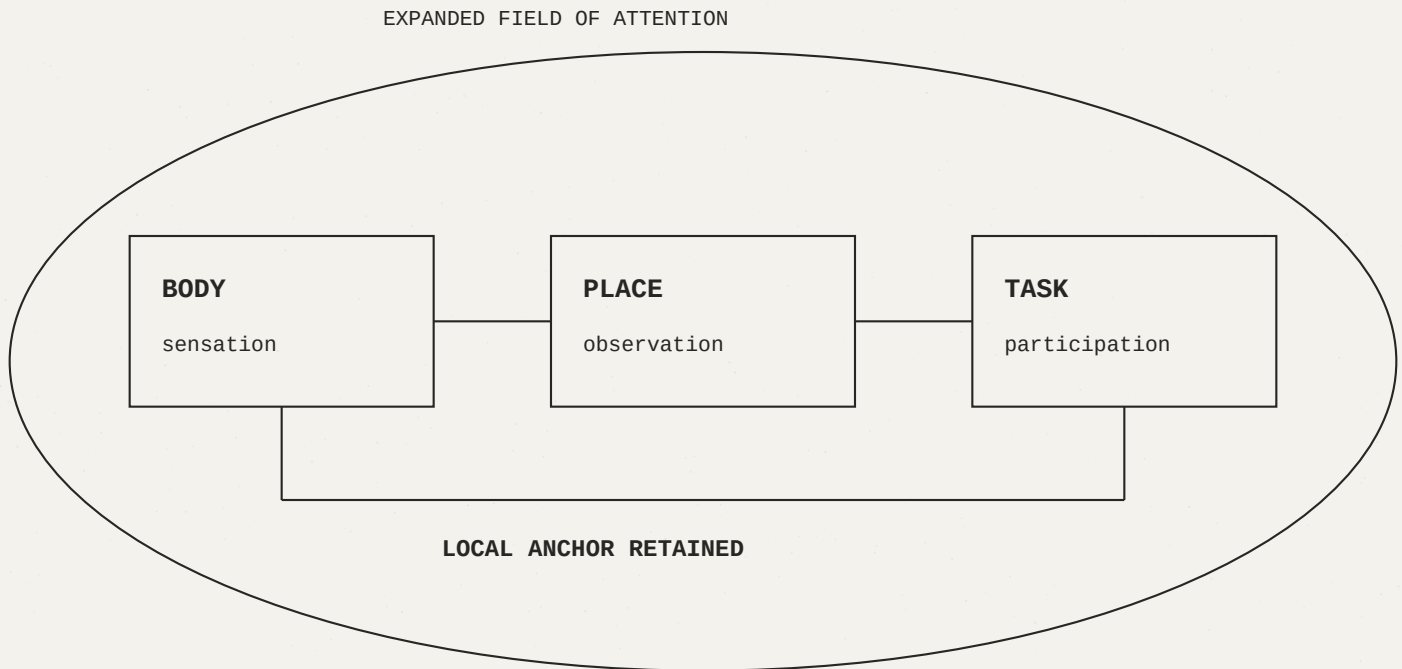


FIG. 1 - Schematic only. Do not attempt to stand inside the ellipse.

47. Field assessment. Ask three questions: Can I notice the body I am using? Can I describe something actually present? Can I perform one ordinary action with care? An affirmative answer to all three indicates sufficient local contact for daily activity.

48. Integration is not maximal stimulation. The operator who can perceive seven dimensions but cannot find the light switch remains, for the purposes of this manual, in the dark.

49. Advancement is demonstrated by greater steadiness, flexibility and consideration for others. Reports of universal understanding should be accompanied by evidence that the operator can tolerate a small change of plan.

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APPENDIX A. SELECTED INCIDENT RECORDS

A-12 / THE ELEVATOR. An operator interpreted the descending lift as a return to a lower plane and attempted to renounce attachment before reaching the lobby. Corrective instruction: floor numbers describe position in the building. Personal development is not reset on descent.

A-19 / THE ANSWERING MACHINE. Personnel left a seventeen-minute account of their arrival for a recorded voice, believing it to be a patient resident. Corrective instruction: a recorded greeting is a prompt. Wait for the tone, leave a brief message, cease transmission.

A-27 / THE SOUP. A resident asked an operator to watch a pot. The operator maintained unbroken observation for forty minutes while the contents boiled away. Corrective instruction: in this context, watching includes intervening when the contents require it.

A-33 / THE VENDING MACHINE. An operator attempted to establish rapport with a dispenser after it withheld a biscuit. The negotiation was courteous but inconclusive. Corrective instruction: machines may fail without bearing personal animosity. Consult a person responsible for the machine.

A-41 / THE OCEAN. An experienced arrival officer mistook tidal retreat for planetary abandonment and began preparing an evacuation notice. Corrective instruction: wait six hours before concluding that the water has resigned.

Research note. The above records are retained because a small misunderstanding, accurately described, is more useful than a triumphant account from which all mistakes have been removed.

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APPENDIX B. DAILY MAINTENANCE RECORD

FORM TI-4 / COMPLETE IN PENCIL / ONE LOCAL DAY PER SHEET

NAME: _____ LOCAL DATE: _____

CURRENT LOCATION: _____

1. BODY

Ordinary needs noticed and attended to:

2. PLACE

One detail observed without immediately explaining it:

3. PARTICIPATION

One action taken with care for the local environment:

4. UNRESOLVED MATTERS

Items that may safely remain unexplained until tomorrow:

Return to ordinary activity. The form does not require a revelation.

END OF MANUAL